

calendar/specialoffers

NOTE: All Calendar events & Special Offers must be received by August 10th (for September issue) and adhere to our guidelines. Visit MileHighNaturalAwakenings.com for guidelines and to submit entries. All entries will be edited.

augustspecialoffers

You must mention Natural Awakenings to receive these freebies and discounts.

30% OFF ALL HEALING CRYSTALS

Includes loose crystals, stones, beads, cabochons, and gems. Check out Denver's largest collection of healing crystals and stones. Spirit and Stone Gifts 3745 S Broadway, Englewood. 720-609-6173

FREE AURA CLEARING AND CHAKRA BALANCING FOR FIRST-TIMERS

Each Wednesday 6-7 pm, open to everyone. Repeats \$5/pp. Journey Within, 777 S Wadsworth Blvd., Bldg 2-108, Lakewood. Anita Destino, 720-413-7303

FREE 15-MINUTE STRATEGY SESSIONS

For cancer wellness, chronic pain/illness, women's issues, insomnia, stress/weight management. Dr. Sujatha Reddy, counselor, coach and Ayurvedic practitioner. Heartland Wellness, 12157 W Cedar D, #200, Lakewood. 303-325-5617

FREE 30-MIN CONSULTATION-PHONE/SKYPE

Healing Change: Deep healing at the physical, emotional, mental and/or spiritual levels of your being. 679 W Littleton Blvd., #205 Littleton. Marie Adams EEM-AP, CHT, PT, 303-668-0299

COMPLIMENTARY CONSULTATION

Live Your Knowing Counseling, Creekside at High-line Office Park, 1211 S Parker Rd, Denver. Renee Ellis, MA RMT, 720-984-9575

\$30 OFF INITIAL HEALING

Reiki, vibrational healing & intuitive reading for first-time clients. In person or phone. 700 E 9th Ave., #9, Denver. JoAnne Palladino, Reiki Master-Teacher, Channel, & Intuitive. 303-263-0679 or joanne@joannepalladino.com

20% OFF NEW PATIENT EXAM AND X-RAYS

South Lakewood Dental, 2525 S Wadsworth Blvd, #11, Lakewood. Scott Stewart, DDS & Naturopathic Physician, 303-988-4338

ETHERIC CLEARING & BALANCING

\$120 Summer Special thru Labor Day. Karen Rice King, Psychic, Master Dowser Energy Worker and Shamanic practitioner, belongs to the Global Shamanic Teachers. South Boulder Office. Karen@karenriceking.com or 303-665-0175.

FRI AUG 4

First Friday Relaxation Lounge—7-7:45pm. 45-minute class combines restorative yoga, guided breathing and hands-on massages to help you relax. No yoga experience needed. \$16 PranaTonic Yoga Studio 2600 East St., Golden. Info/RSVP pranatic@gmail.com

SAT AUG 5

Ice Cream Sundae Social—3-4pm Enjoy a summer treat with an ice cream sundae social with spiritual like-minded people. \$5. Discover Your Spiritual Gifts 5808 S Rapp St., Ste 265 Littleton Violet 303-257-2276 Discoveryyourspiritualgifts.com

TUES AUG 8

Shmaya Gathering w/JoAnne Palladino—7-8:30pm. Experience Shmaya, an illumined, channeled presence that attunes you to the love and light within. \$20. First Spiritual Science Church of Denver, 3375 S Dahlia St., Denver. RSVP 303-263-0679 or joanne@joannepalladino.com

WED AUG 9

Tantra for Beginners—7-8:30pm also on 8/23. Singles & Couples. Dance, Music, Tantric Community & Socializing, Chakras, Breath, Sexual Anatomy, Skills \$15 Osho Leela Center 1025 Rosewood, #106 Boulder. Judith Anne Condon, Conscious Relationship & Tantra Coach Info/RSVP 303-630-9479 journeystotantricliss@gmail.com

THURS AUG 10

Money for the Mystics—7-9pm Find out how to pay off your debt and start savings. \$30. Discover Your Spiritual Gifts 5808 S Rapp St., #265 Littleton Violet 303-257-2276 Discoveryyourspiritualgifts.com

FRI AUG 11

Sacred Drumming Circle, Sound Celebration & Meditation—7-9pm. Fill yourself with appreciation, celebration, and release using Sound, Breath, Mindfulness and Meditation Bring snack, drums, rattles, flutes. \$10. Journeys for Conscious Living, 7401 W 59th, Arvada. 303-731-6695

Movie Night—7-9pm Bring your favorite snacks and join us for a spiritual movie with like-minded Light workers. FREE Discover Your Spiritual Gifts 5808 S Rapp St., Ste 265 Littleton Violet 303-257-2276 Discoveryyourspiritualgifts.com

SAT AUG 12

Activate Your Prana Vayus—3:15-5:30pm Yoga tradition describes 5 movements of energy governing different functions of the body. Activate these vital energies to obtain optimal functioning of body and mind. \$30 Embody Your Life, 607 10th St, #109 Golden. Embodyyourlife.org/book-online

Expand Your Capacity for Bliss for Couples—7-10pm also on 8/26. Have you ever wondered, is there more to sex than this? If you have answered yes join us Sat eves. \$60/Couple Osho Leela Center 1025 Rosewood, #106 Boulder journeystotantricliss@gmail.com

SUN AUG 13

Open Door, Open Hearts, Always Connected: Afterlife Visits—1:30-4pm Vickie shares a tragic, yet poignant love story of a deep connection because her fiancé remains by her side from beyond. Donation, open to public Greenwood Village City Hall 6060 S Quebec St. Greenwood Village. Meetup.com/Denver-IANDS

MON AUGUST 14

From Messy Dating to Joyful Relating—7-9pm. Relationship Experts, Douglas and Eileen Barber, from Austin hosting a Relationship Workshop for Singles/Couples. Love Offering. Unity Spiritual Center Denver, 3021 S. University Blvd. Denver. RSVP eileentbarber@gmail.com 512-839-5232

TUES AUG 15

The Women's Way to Health, Wealth, and Happiness Meetup—7-9pm. "Engaging On Facebook" to boost your business presented by Kathy Mason, Mason Works Marketing. Free. Public Service Credit Union Building, Lower Level. 7502 W 80th, Arvada. Info/RSVP Tryna 303-550-4223 or Kathy 720-938-2536



From Messy Dating to Joyful Relating-7-9pm. Relationship Experts, Douglas and Eileen Barber, from Austin hosting a Relationship Workshop for Singles/Couples. Love Offering. Studio 35, 1200 Pearl Street, Downstairs entrance, Boulder. RSVP eileentbarber@gmail.com 512-839-5232

THURS AUG 17

Beginning Mindfulness & Meditation Workshop-7-9pm. Learn about mindfulness and meditation, and practice techniques that will lead you to a more balanced life. Instructor: Tryna Giordano Cooper. \$10 Journeys for Conscious Living, 7401 W 59th, Arvada. 303-731-6695. J4CL.com

SAT AUG 19

Holistic Healing and Psychic/Intuitive Fair-11am-5pm. Massage, shamanic, foot baths, reiki, sound healing, healing touch, oils. Readers include palmistry, tarot, intuitive, astrological and vendors include crystals, jewelry, oils, arts. \$ varies. Journeys for Conscious Living, 7401 W 59th, Arvada. 303-731-6695

Become a Master Synchronist-1-3pm. Exciting, eye-opening event w/6-time award-winning author Mary Soliel. Ending with a Live Gazing (News-ungazing.com). Book signing following. \$33. Full Moon Books 9106 W. 6th Ave. Lakewood Pre-reg Marysoliel.com. Walk-ins cash/check only. 303-233-MOON or alighthouse@mac.com

Free Community Health Fair-10am-12:30pm. Free demonstrations of acupuncture, chiropractic, massage & more! Free samples and nutrition coaching by RD. Body metrics available with BOD POD, All Ages and pets welcome! 5191 S Yosemite St., Ste B Greenwood Village 303-577-9977 IntegrativeHealthInc@yahoo.com

TUES AUG 22

Learn to Heal with Angels; 5 Wks-7-9pm Tues. Meet your Guardian/Healing Angels. Heal, release grief, guilt, addictions and habits to create the life you desire. Early/\$210, Reg/\$225 Journey Within; 777 S Wadsworth Blvd Bldg 2 #108, Lakewood. Anita Destino 720-413-7303, journeywithin@hotmail.com

WED AUG 23

Shmaya Gathering w/JoAnne Palladino-7-8:30pm. Experience Shmaya, an illumined, channeled presence that attunes you to the love and light within. \$20. 700 E 9th Ave., #9, Denver. RSVP 303-263-0679 or joanne@joannepalladino.com

THURS AUG 24

Online Marketing Tools for Spiritual Leaders-7-9pm Learn about Canva.com and Magisto.com for marketing. \$30 Discover Your Spiritual Gifts 5808 S Rapp St., #265 Littleton. Violet 303-257-2276 Discoveryyourspiritualgifts.com

SAT AUG 26

My Wilderness Trek: Mining precious Gems with Donna DeNomme-6-8pm Explore 8 Sacred Paths (with the richest treasures) without ever leaving your seat! \$10 Discover Your Spiritual Gifts 5808 S Rapp St Ste 265 Littleton Violet 303-257-2276 Discoveryyourspiritualgifts.com

SUN AUG 27

Connect To Loved Ones With Lynn Van Praagh-Gratton & Elisa Malangone-2-5pm. Personal healing and insight; magnify your soul purpose and awaken your greatest potential. Powerful and purposeful messages from beyond. Clocktower Cabaret, 1601 Arapahoe St., Denver. Info 303-720-8129 or ebnerpageproductions@gmail.com

save the date

CANNABIS CEREMONIES: JOURNEYS OF DEEP SELF-EXPLORATION SATURDAYS AUGUST 12TH AND 26TH, 7-10PM



Join me for an exceptional evening of inner self-exploration, ancestral wisdom and personal renewal. In a safe, legal and sacred environment you will be guided to uncover and release destructive and self-defeating emotions. My gatherings are plant medicine-optional and all levels are welcome. Complimentary CBD-dominant strains that offer a relaxing and focused dimension are provided. Ceremonies are followed with an optional tea service and conscious conversation. In Denver's Cherry Creek North. \$30. Limited space. Contact Becca at BWilliams@MJSTraightTalk.com

PLANT BASED HEALTH AND WELLNESS SUMMIT AUGUST 19-20



Top experts in nutrition, health and wellness teach: The science behind plant-based nutrition and the impact it has on chronic disease prevention and the aging process; Tips, tools, and strategies to create and maintain a healthier lifestyle; Healthy cooking demo workshops and expert speakers on living a plant based lifestyle; Breaking free from food addictions; Lose weight & keep it off. Guest Speakers include: Chef AJ, Chef Del Sroufe; Andrew Freeman, MD; and John Pierre. PACE Center, 20000 Pikes Peak Ave, Parker. Questions Jerry Casados jcasados@msn.com or 303-944-4172. PBSummit.com.

DENVER PET EXPO

AUG 19 10am - 5pm; AUG 20, 11am - 4pm



Attendees can enjoy a fun-filled and educational day with their best pet friend. This free, indoor air-conditioned event attracts thousands of pet lovers along with their furry, feathered and reptilian pals who are looking to enjoy a day of live entertainment, education, adoptions, contests and live demonstrations. Pets are welcome as long as they're on a fixed lead and have proof of age-appropriate rabies vaccines. If your pet is not up-to-date, there will be discounted vaccinations and low-cost micro-chipping available. Merchandise Mart, 451 E 58th Ave, Denver. Denverpetexpo.com.

CONNECT TO LOVED ONES WITH LYNN VAN PRAAGH-GRATTON & ELISA MALANGONE SUNDAY, AUGUST 27, 2-5PM



Ebner-Page Productions presents Magnify Your Purpose, featuring spiritual mediums Lynn Van Praagh-Gratton and Elisa Malangone Sunday August 27 from 2-5 pm at the The Clocktower Cabaret, 1601 Arapahoe St in Denver. This is an opportunity for personal healing and insight; to magnify your soul purpose and awaken your greatest potential. Gifted and heart-centered spiritual mediums Lynn Van Praagh-Gratton and Elisa Malangone deliver powerful and purposeful messages from beyond. Includes live vocal performance, sound healing, Young Living essential oils, teas, desserts and more. For more information, contact 303-720-8129 or ebnerpageproductions@gmail.com. Lynnvanpraagh-gratton.com. Elisainsight.com

LIVE "ONENESS" EVENT STREAMS FROM INDIA SEPTEMBER 9-10



A life-changing, 2-day journey begins with The Phenomenon & the Gift at the Omni Interlocken Resort in Broomfield September 9-10. Conducted by the Oneness Guides at Oneness University in Southwest India, and broadcast live to Denver, it takes participants through an inner journey of self-realization and healing, leading to a state of deep awareness and inner calm. Connect to the magic and power of the Phenomenon of Golden ORB in the sacred presence of Sri Bhagavan to fulfill your heart's desires and to experience higher dimensions. Brightstarevents.net/featured/oneness or Onenessuniversity.org

ongoing

sundays

Sunday Morning Tai Chi—9-10:30am. Set a peaceful and productive rhythm for the new week, moving your chi in Tai Chi foundations, increasing balance and flexibility. \$20 drop-in or \$90/6 classes. Chi Wellness, Denver. Debra Lin Allen, 720-427-0406 or ChiWellness.net

mondays

Longmont Spiritual Transformation with Transmission Meditation—7pm. Join us for a group meditation that is a stimulus to our individual development and also a potent form of world service. Free. Connie 303-834-0526

tuesdays

Wheatridge Spiritual Transformation with Transmission Meditation—6pm. Join us for a group meditation that is a stimulus to our individual development and also a potent form of world service. Free. Tim 303-239-8101

Psychic Readings—7-8:30pm by appt/also on Thursdays. Learn about your soul essence, past lives, and aura. Ask questions about relationships, career, money, and health. Free. 1332 Pearl St., Boulder. 303-530-0920.

wednesdays

Energy Healings/Aura Clearing/Chakra Balancing—6-7pm. A healing is an energy clearing, release negative energy blocking growth and create the life you desire. \$5/healing. Free for first timers. Journey Within; 777 S Wadsworth Blvd Bldg 2 #108, Lakewood. Anita Destino 720-413-7303

North Boulder Spiritual Transformation with Transmission Meditation—7pm. Join us for a group meditation that is a stimulus to our individual development and also a potent form of world service. Free. Lon 303-746-7118

thursdays

The Way Of Mastery Practice Group—6:30-8pm. WOM is a channeled book in the words of Jesus offering powerful self-healing teachings that will evoke complete and unconditional love and self-acceptance. \$25 drop-in; \$120/6 Sessions. Coly Vulpiani, Facilitator. 700 E 9th Ave, #9, Denver. RSVP 303-476-8402 or coly@parallelrealitiespractice.com

Aura and Chakra Healings—Drop-In between 6-7pm. Receive a 10 minute cleanse and release negative thoughts, emotions, pain and fear. Get replenished with positive energy and feel great. Free. 1332 Pearl St., Boulder. 303-530-0920.

saturdays

Qigong Movement—1-2:30pm. Stillness within cleanses and builds your chi for stamina, flexibility, health, life balance. \$20/drop-in or \$90/6 classes. Chi Wellness, Denver. Debra Lin Allen, 720-427-0406 or ChiWellness.net

Qigong-Tai Chi Push Hands—2:45-3:45pm. Physical and energetic health strengthen, develop keen sensitivity to yin-yang shifting to eliminate obstructions to the natural flow of life's essence. \$20/drop-in or \$90/6 classes. Chi Wellness, Denver. Debra Lin Allen, 720-427-0406

Fencing for Chi Fitness—4-5:30pm. Olympic Foil, Saber and Epee skills and techniques heighten the pace of qigong exercise into spontaneity, mental flexibility, chi and physical endurance. \$50 drop-in or \$120/3 classes. Chi Wellness, Denver. Debra Lin Allen 720-427-0406

ParaYoga Class—2-3pm. Sats starting 8/12. ParaYoga integrates movement, breath, chanting and meditation: balance your nervous system, clear your mind, brighten the light of your Soul. \$15. Embody Your Life, 607 10th St., #109, Golden. RSVP Embodyyourlife.org/book-online

looking ahead 2017

SEPT 16-17

Divine Guidance: Listening to the Inner Voice—God is always speaking to us and all life through the Holy Spirit—Learn to listen to the inner voice. Lakewood. All are welcome! Eckankar-colorado.org

SEPT 15

John of God: Miracles and Mysteries—7-8:30pm. Join us for a fascinating, and healing, event as Kelsie, authorized Casa guide, shares the work of John of God. Donation. Osho Meditation Ctr 1025 Rosewood Ave Boulder. Info Johnofgodretreatboulder@gmail.com

SEPT 16

John of God: Miracles and Mysteries—10am-3:30pm. Join us for a fascinating, and healing, event as Kelsie, authorized Casa guide, shares the work of John of God. Donation. Osho Meditation Ctr 1025 Rosewood Ave, Boulder. Info Johnofgodboulder.retreat@gmail.com

SEPT 28

Meditation for Beginners 5-Weeks—Thursdays 7-9 pm. Meditation can transformation your life and create change. Meet your Guardian Angel or Spirit Guide. Make room for the positive. Feel your health improve. Early/\$185, \$200/regular. Journey Within; 777 S Wadsworth Blvd Bldg 2 #108, Lakewood. Anita Destino 720-413-7303, journeywithin@hotmail.com

OCT 5-8

Emerging Women Live 2017—Looking to lead from the truth of who you are? From money to mindset, passion to purpose, sex to self-concept: it's ALL HERE. Join Elizabeth Gilbert, Alicia Garza, Sera Beak, Esther Perel, Amanda Steinberg and more in keeping the HEART in impactful leadership. EmergingWomenLive.com

classifieds

BUSINESS OPPORTUNITIES

Looking for a way to bring in extra money but don't want to get "another job"? Need something flexible to fit it into your life? What if you could transform your health and your wealth in the next 90 days by partnering with us? What if you could work a handful of hours each week and bring in a nice side income? We are looking for people who want the above and want to make a difference in the world while having FUN! WHAT IF YOU COULD? Please call for more info @ 303.903.8248

FOR RENT/PRACTITIONERS WANTED

Furnished Professional Workspace for Readers and Practitioners: Tarot readers, Astrologers, Reiki Practitioners, Psychic Healers, etc. No monthly rent, no hourly fees and no "membership" fees, just a small commission from your session fees to help us keep the lights on. Set up your appointments with our free online scheduling app. Contact 720-609-6173 or workspace@SpiritAndStoneGifts.com. Spirit and Stone gifts 3745 S Broadway, Englewood.

Private Practitioners Paradise for whole person wellness: Fully-furnished, rent-free office spaces as low as \$12/hr and \$50 membership. Private office rental spaces as low as \$425/month, lease free month to month. Membership includes: Online Scheduling System; Internet; Printer/Scan/Fax; Client Kiosk and Conference room. Sondermind Lakewood. Contact Sujatha Reddy 303-325-5617 or Sreddy@sondermind.com

HEALTHY PRODUCTS/SERVICES

Spirit and Stone Gifts has Denver's largest inventory of healing crystals; reiki & chakra sets, rune stones, chakra bracelets and necklaces, natural stone beads, gems, cabochons, crystal balls, mineral specimens, exotic wands, chalices and altar pieces. 3745 S Broadway, Englewood. 720-609-6173

\$30 Off Initial Healing Session: Reiki, vibrational healing & intuitive reading. In person or phone. 700 E. Ninth Ave., Suite 9, Denver. JoAnne Palladino, Reiki Master-Teacher, Channel & Intuitive. 303-263-0679 or joanne@joannepalladino.com

Remove Toxic Amalgam (Silver) Fillings: Denver's first holistic, naturopathic dentist offers mercury free AND mercury safe amalgam (silver filling) removal. *Financing available. 20% off new patient exam and x-rays when you mention Natural Awakenings.* SOUTH LAKEWOOD DENTAL, Scott Stewart, DDS & Naturopathic Physician, 2525 S Wadsworth Blvd, Ste 11, Lakewood, 303-988-4338.

Etheric Clearing & Balancing: \$120 Summer Special Session through Labor Day. Karen Rice King, Psychic and Shamanic practitioner, has been in private practice since 1992. Karen belongs to the Global Shamanic Teachers and she is a Master Dowser Energy Worker. South Boulder Office. Karen@karenriceking.com or 303-665-0175.

Multi Pure Drinking Water Systems: Rated for most toxic chemicals removed by NSF. Solid carbon block technology. Under-the-counter, counter-tops, travel unit, the only rated shower unit in the country, and whole house units. Call or email Karen@karenriceking.com or 303-665-0175. Business opportunity available also.

Denver's newest Metaphysical gifts shop. Check out our selection or book a reading or Reiki session with one of our practitioners. Spirit and Stone Gifts 3745 S Broadway, Englewood. 720-609-6173

JOBS AVAILABLE

Distribution Driver for Highlands Ranch/GV/ Lone Tree & Metro Denver Areas: *Natural Awakenings* is looking for a reliable, conscientious, honest delivery driver with a good driving record and car, who lives in the area. Must have own insurance; basic ability to work with Excel; be available for a day or three between the 25th-1st; ability to take on side jobs for extra \$\$ on same route. No phone calls please. Email Doug@MileHighNaturalAwakenings.com with your qualifications.