

CATEGORIES FOR Local Resource Listings

ACUPUNCTURE

INTEGRATIVE MED SOLUTIONS
Dr. Jan Smith, ND, LAC., RH, CHT
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251-123-4567 • YourWebsite.com



Therapeutic solutions to acute and chronic conditions. Acupuncture is an intelligent medicine, gentle enough for pregnant women, and powerful enough to treat serious conditions like high blood pressure, chronic pain or insomnia. See ad pg 25.

Active Release
Techniques (ART)
Acupressure
Acupuncture
Aging Healthy
Air Purification
Alexander Technique
Alkaline Water
Aromatherapy
Arts
Art Therapy
Astrology
Ayurveda
Ayurvedic Massage
Bioenergetics
Bio-Fuel
Bio-Identical Hormone
Replacement
Birth Networks
Bodytalk
Bodywork
Carbon Footprint
Carbon Neutral
Carbon Offset
Compact Fluorescent
Lamp (CFL)
Chelation Therapy
Childbirth Preparation
Chinese Medicine
Chiropractic
Church
Colon Therapy
Color Therapy
Compostable
Conscious Living

Counseling /
Psychotherapy
Craniosacral Therapy
(CST)
Crystal & Gem Therapy
Dance / Movement
Therapy
Decluttering
Decompression
Deep Tissue Work
Dentistry (Holistic)
Detoxification
Doula
Dowsing
Eco-Friendly
Emotional Freedom
Technique (EFT)
Energy Field Work
Energy Healing
Energy Star
Environment
Feldenkrais® Method
Fitness
Flower Remedies
Food/Beverages
Fossil Fuels
Functional Medicine
Green Living
Guided Imagery
Healing Touch
Healthy Living
Herbal Medicine
Homeopathy
Hybrid (Vehicle)
Hydrotherapy
Hypnotherapy
Integrative Manual
Therapy (IMT)
Integrative Health
Integrative Medicine
Intuitive Arts
Ionic Foot Detox
Iridology
Jin Shin

Kinesiology / Applied
Kinesiology
Learning Therapy
LED
LEED
Life Coach
Locavore
Lymphatic Drainage
Macrobiotics
Magnetic Field Therapy
Martial Arts
Massage Therapy
Meditation
Mediumship
Midwife
Myofascial Release
Technique
Natural Market
Naturopathy
Neuro Emotional
Technique (NET)
Neuro-Linguistic
Programming (NLP)
Neuro Muscular
Kinesiology
Neuro Muscular
Therapy (NMT)
Nutritional Counseling
Nutritional Supplements
Organic
Orthotics
Osteopathy
Oxygen Therapies
Past Life Regression
Personal Fitness Trainer
Personal Growth
Pet Products/Services
Physical Therapy
Pilates
Polarity Therapy
Prolotherapy
Psychic
Qigong & Tai Chi
Neurofeedback
Rebirthing Breathwork

Reconnective Healing
Recycle
Reduce
Reflexology
Regression Therapies
Reiki
Renewable Energy
Restaurants
Rolfing Structural
Integration (Rolfing)
Rubenfeld Synergy
Method
Sex
Shamanism
Shiatsu
Solar
Sound Healing
Spiritual Healing /
Counseling
Subtle Therapies
Swedish Massage
Tantra
Tai Chi
Thai Massage
Therapeutic Touch (TT)
Thermal-Acupressure
Massage
Thermography
Thought Field Therapy
Trager Approach
Trigger
Point/Myotherapy
Vegetarianism
Veterinarian
Water Purification
Yoga

**This list is not exhaustive. If you don't see your appropriate category on this list, let us know!*