

Katia I. Meier, MD
and The Clear Sky Medical Team

INTEGRATING CONVENTIONAL AND
NATURAL MEDICINE FOR OPTIMAL HEALTH

BEAUTIFUL SKIN NATURALLY WITH TOXIC FREE SKIN CARE & TREATMENTS



Heather Evans
Medical Aesthetician

Beautiful skin does not come for free after a certain age, but it can be achieved through powerful noninvasive treatments and skincare – free of harmful toxins so you will never have any regrets later.

Most manufacturers spend more on advertising and packaging than the quality and amount of active ingredients they claim that product has, and worse, may contain toxic ingredients, or may even be prematurely aging you.

Collagen and elastin are the tissue and fibers that make up 70% of our skin and give our face fullness, though they start to deteriorate in our mid-thirties. However, research shows that certain treatments and ingredients stimulate collagen and elastin growth and cause a repair response in the skin, stimulating collagen and elastin production.

Microdermabrasion is a form of mechanical exfoliation by means of an ablation of micro-crystals, or a diamond tip implement applied to the skin to remove the dry top layer of skin and allows better penetration and absorption of serums, treatments and moisturizers. Chemical peels are considered a chemical exfoliation, and penetrate into the skin with a variety of solutions that are utilized for different goals and skin issues. These substances are derived from natural sources such as sugar cane, apples, grapes, milk and enzymatic exfoliates that come from papaya and pineapple.

Micro-needling, also referred to as “Collagen Induction Therapy” (CIT), is aimed at stimulating the body’s own collagen production at the skin’s dermal layer (deepest & live layer). It can also assist thin skin as it helps to increase skin’s density as well as hyperpigmentation, rosacea (helps to strengthen collagen in vessel walls), UV damage, scarring and stretch marks. It can be a safer alternative to laser treatments which can compromise the loss of dermal layer, cause hypo or hyper pigmentation, and break down of vasculature structures.

Healthy lifestyle, good nutrition and supplements to nourish your skin can support noninvasive treatments and nontoxic skin care for maintenance.

To learn more about how you can effectively maintain and care for your skin, call 303-790-7860 to register for our free presentation. Seating is limited and fills up fast!

**JOIN OUR E-MAIL LIST!
TEXT 22828 TO CSM
AND STAY TUNED FOR MORE!**



CLEAR SKY MEDICAL, PC

Healthy Aging & Wellness Center

INTEGRATIVE
HEALTH CARE

303.790.7860

ClearSkyMedical.com

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FREE MONTHLY SEMINAR

Thursday • 6:00 pm

April 25th

April's Topic:

**BEAUTIFUL SKIN NATURALLY
WITH TOXIC FREE SKIN CARE
& TREATMENTS**

Seating is limited and fills up fast!

RSVP 303-790-7860.

SPECIALS FOR APRIL

INJECTABLE SPECIALS:

15% off all dermal fillers



ESTHETIC SPECIALS:

HYDRATING RAIN TREATMENT

Usher in Spring & Hydrate
with the April Showers!

**Shower your skin with a nourishing
hydration treatment after making it
through the dry winter:**

Start with a microdermabrasion to remove the dryness winter brought on, then follow with a deep penetrating hydration mask custom suited to address your concerns and a collagen eye treatment. Clear skin lies under the rainbow of regular maintenance. ~65.00

SUNBLOCK FOR SPRINGTIME!

Are you prepared? Keep your skin beautiful as the season of outside activity is upon us. Make sure to protect yourself with a toxic free and TRUE physical sun-block.

