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Songs of Freedom We All Long for Liberty

by Enrique Smeke

The yearning for freedom is like a seed that dwells deep in our hearts—freedom from scarcity, from conflicting relationships, from addictions, from health issues. This yearning for freedom binds the centuries.

In the Americas, this clamor can be heard in the words of the national anthems of many countries. The Colombian national anthem mentions the “invisible light of sublime freedom.” The Uruguayan anthem says, “Freedom, that clamor that saved our country.” The Mexican anthem asks that “the echoes resound with voices of unity and freedom.” The Argentine anthem exclaims, “Listen, mortals, to the sacred cry: Freedom,” and the American anthem reminds us that this is “the land of the free.”

Mary Baker Eddy proclaims in her book *Science and Health with Key to the Scriptures*, “Citizens of the world,

accept the ‘glorious liberty of the children of God,’ and be free!”

Let the seed in your heart sprout. Water it with gratitude. Accept the liberty to be free as your God-given nature. Yearn to see each other as God’s child, to feel God’s ever-present love and to grow freer and freer from all limitations—and watch as the seed’s tender shoots manifest themselves in improved health, progress and joy in families, friends and the world. Let freedom always be included in your anthem song.

From a free podcast series titled Your Daily Lift. Songs of Freedom is by international speaker Enrique Smeke, a practitioner and teacher of Christian Science healing from Newburyport, MA, and Miami, FL, raised in Argentina. Used with permission of The First Church of Christ, Scientist, in Boston (ChristianScience.com/dailylift).